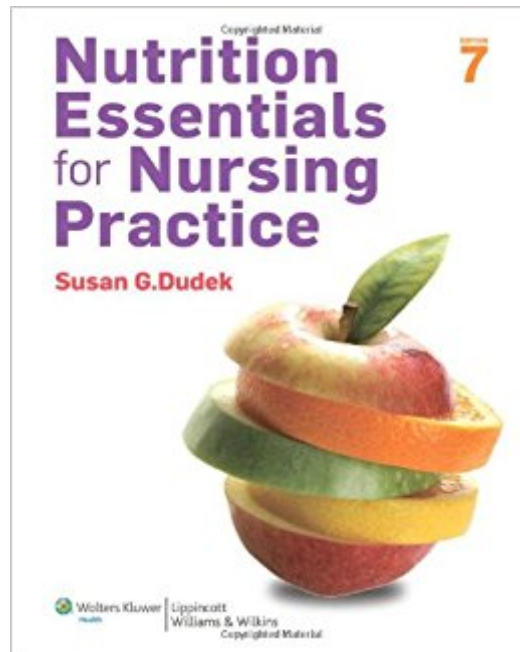




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Nutrition Essentials For Nursing Practice, 7th Edition



Synopsis

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Master the nutrition content you need for success with *Nutrition Essentials for Nursing Practice*, a practical reference you can use throughout your education and into practice. Throughout the book, the author demonstrates the importance of nutrition to all aspects of nursing practice and emphasizes what you really need to know about nutrition. The Seventh Edition reflects the latest evidence-based practice and nutrition recommendations, while maintaining its nursing process focus and emphasis on patient teaching. Prepare for the board exam with each chapter's NCLEX-style study questions. Apply nutrition concepts to real world scenarios through intriguing case studies in every chapter. Get involved in real world clinical challenges with 24 online Disease-Oriented Interactive Case Studies. Each case study ends with ten NCLEX-style test questions and five open-ended critical thinking questions. Be ready for teachable moments with patients through the popular Quick Bites features that offer short, compelling food details and facts. Test your knowledge with chapter-opening True/False questions tied to chapter Objectives. (An answer key appears at the end of the chapter). Access a range of useful tools, including Sample Diets, Dietary Reference Intakes, dietary guidelines for the United States and other countries, MyPyramid for Moms, and coverage of nutritional needs throughout the life cycle. Learn to think on your feet in challenging clinical situations with chapter-ending How Do You Respond? sections. Master the content of the course with key terms defined in the margins and chapter-ending key concepts, as well as easy-to-understand tables, and visuals. Find the most up-to-date and reliable nutrition resources online using chapter-ending Web addresses. You can also access the latest research through the wide range of current journal articles posted on thePoint.

Book Information

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Customer Reviews

This book is so informative. As a nursing major, this book (and my professor of course) made me fall in love with nutrition. I enjoyed reading it although the chapters are so long lol but if you are going into being a dietitian or a nurse I highly suggest this book and I hate to read! I literally am pursuing to get my masters in Nutrition after my bachelors in nursing because of this book lol

Unless your class demands this book, get some of your classmates to chip in and only rent one copy. we never used it even though it was on the "required" list. dont think i even opened it

Great text. easy to read. Provides lots of images, graphs and statistical data to support the information provided. This is one text I will likely utilizing in my post nursing school life.

Great book for nurses to brush up on nutrition, a classic weak spot for nurses.

Purchased brand new for my nursing class. Came in 2 days with Prime and had an access code. I highly recommend purchasing books outside of school because it's cheaper! Way worth it.

had to return product not what i wanted

Renting this book saved me a whole bunch of money. This wasn't necessarily a textbook I was intending to keep after I graduated, so it was worth it to rento just to get me through the class.

The product arrived quickly, in perfect condition. Exactly as described. I am very happy with this purchase.

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